



PhysioOne can provide in-shoe orthotics for a variety of lower limb problems, however in certain situations some people require a more complicated orthotic. Podiatrists are highly trained health professionals who specialise in foot care and lower limb conditions and are able to prescribe custom-made shoe inserts or orthotics, made from an electronic scanning or a plaster cast of the foot which is form-fitted to the foot.

PhysioOne have established excellent working relationships with some of Auckland's top podiatrists and are able to organize expedient referrals if required.

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